

## Occupational Health Clinics

### ST. MICHAEL'S HOSPITAL, OCCUPATIONAL HEALTH CLINIC

A tertiary/quaternary occupational health clinic, utilizing a multidisciplinary team approach in the provision of specialty clinical services, education and research for occupational disease, with a specialized focus on occupational skin disease, occupational lung disease and Hand-Arm Vibration Syndrome.

✚ St. Michael's Hospital  
4<sup>th</sup> Floor, Shuter Wing  
30 Bond Street  
Toronto, Ontario M5B 1W8

*For General Inquiries:*  
Tel: 416.864.5074  
Toll Free: 1.877.877.6781  
Fax: 416.304.1902

### OCCUPATIONAL HEALTH CLINIC FOR ONTARIO WORKERS (OHCOW)

A free service at five non-profit clinics in Ontario, a team of nurses, hygienists, ergonomists and physicians see workers and identify work-related illness and injuries, promotes awareness of health and safety issues, and develops prevention strategies for workers, workplaces and the community.

✚ **Hamilton**  
848 Main Street East  
Hamilton, Ontario  
L8M 1L9

*For General Inquiries:*  
Tel: 905.549.2552  
Toll Free: 1.800.263.2129  
Fax: 905.549.7993  
Email: [hamilton@ohcow.on.ca](mailto:hamilton@ohcow.on.ca)

✚ **Provincial Office**  
15 Gervais Drive, Suite 601  
Don Mills, Ontario  
M3C 1Y8

*For General Inquiries:*  
Toll Free: 1.877.817.0336  
Email: [info@ohcow.on.ca](mailto:info@ohcow.on.ca)  
Website: [www.ohcow.on.ca](http://www.ohcow.on.ca)

✚ **Sarnia-Lambton**  
171 Kendall Street  
Point Edward, Ontario  
N7V 4G6

*For General Inquiries:*  
Tel: 519.337.4627  
Fax: 519.337.9442  
Email: [sarnia@ohcow.on.ca](mailto:sarnia@ohcow.on.ca)

✚ **Sudbury**  
1300 Paris Street, Suite 4  
Sudbury, Ontario  
P3E 3A3

*For General Inquiries:*  
Tel: 705.523.2330  
Toll Free: 1.800.461.7120  
Fax: 705.523.2606  
Email: [sudbury@ohcow.on.ca](mailto:sudbury@ohcow.on.ca)

✚ **Toronto**  
970 Lawrence Ave. West, Suite 110  
Toronto, Ontario  
M6A 3B6

*For General Inquiries:*  
Tel: 416.449.0009  
Toll Free: 1.800.596.3800  
Fax: 416.449.7772  
Email: [toronto@ohcow.on.ca](mailto:toronto@ohcow.on.ca)

✚ **Windsor**  
3129 Marentette Ave., Unit #1  
Windsor, Ontario  
N8X 4G1

*For General Inquiries:*  
Tel: 519.973.4800  
Toll Free: 1.800.565.3185  
Fax: 519.973.1906  
Email: [windsor@ohcow.on.ca](mailto:windsor@ohcow.on.ca)

### LAKESHORE AREA MULTI-SERVICES PROJECT INC. COMMUNITY HEALTH CENTRE (LAMP CHC)

A not-for-profit centre that provides a variety of programs and services for the South Etobicoke Lakeshore community, and also provides occupational health services to workers, workplaces and the community. Website: [www.lampchc.org](http://www.lampchc.org).

✚ 185 Fifth Street  
Etobicoke, Ontario  
M8V 2Z5

*For General Inquiries:*  
Tel: 416.252.6471  
Fax: 416.252.4474



# OCCUPATIONAL HEALTH COMMUNITY RESOURCES

## Occupational Health & Safety

### MINISTRY OF LABOUR (MOL)

The Ministry of Labour sets, communicates and enforces workplace standards while encouraging greater workplace self-reliance. Call to contact the Ministry of Labour (MOL) office closest to you. Website: [www.gov.on.ca/lab](http://www.gov.on.ca/lab).

✚ 400 University Avenue  
Toronto, Ontario M7A 1T7

Fax: 416.326.6546 on-demand

✚ *Employment Standards Inquiries:*  
Tel: 416.326-7160  
Toll Free: 1.800.531.5551

*Occupational Health & Safety Inquiries:*  
Tel: 416.326.7770  
Toll Free: 1.800.268.8013

### WORKERS HEALTH AND SAFETY CENTRE

An Ontario government program that develops and delivers occupational health and safety information and training that empowers workers and workplace representatives to improve the work environment and worker well-being.

Website: [www.whsc.on.ca](http://www.whsc.on.ca).

✚ Central Ontario (Don Mills)  
5 Gervais Dr., Suite 802  
Don Mills, Ontario  
M3C 1Y8

*For General Inquiries:*  
Tel: 416.441.1939  
Toll Free: 1.888.869.7950  
Fax: 416.441.2277

✚ Eastern Ontario (Ottawa)  
310-309 Cooper Street  
Ottawa, Ontario  
K2P 0G5

*For General Inquiries:*  
Tel: 613.232.7866  
Fax: 613.232.3823

✚ Northern Ontario (Sudbury)  
110-43 Elm Street  
Sudbury, Ontario  
P3C 1S4

*For General Inquiries:*  
Tel: 705.522.8200  
Fax: 705.522.8957

✚ South Central Ontario (Hamilton)  
848 Main Street East  
Hamilton, Ontario  
L8M 1L9

*For General Inquiries:*  
Tel: 905.545.5433  
Fax: 905.545.3131

✚ South Western Ontario (Sarnia)  
1000 Finch Drive  
Sarnia, Ontario  
N7S 6G5

*For General Inquiries:*  
Tel: 519.337.6083  
Fax: 519.337.6807

### WORKSMARTONTARIO

A Ministry of Labour resource for new and young workers in Ontario that provides information on a safe and fair/equitable work environment. May also contact any local Ministry of Labour office. Website: [www.worksmartontario.gov.on.ca](http://www.worksmartontario.gov.on.ca).

✚ *Occupational Health & Safety Inquiries:*  
Tel: (416) 326-7770  
Toll Free: 1-800-268-8013

*Employment Rights Inquiries:*  
Tel: 416.326.7160  
Toll Free: 1.800.531.5551

# OCCUPATIONAL HEALTH COMMUNITY RESOURCES

## Health Information

### MOTHERISK

A service that provides information over the telephone to pregnant and working women. Website: [www.motherisk.org](http://www.motherisk.org).

✚ The Hospital for Sick Children  
555 University Avenue  
Toronto, Ontario  
M5G 1X8

*For General Inquiries:*  
Motherisk's Home Line:  
Tel: 416.813.6780  
Fax: 416.813.7562

### THE ONTARIO COLLEGE OF FAMILY PHYSICIANS (OCFP)

The OCFP provides a family physician referral service. Website: [www.ocfp.on.ca](http://www.ocfp.on.ca)

✚ 357 Bay Street, Mezzanine  
Toronto, Ontario  
M5H 2T7

*For General Inquiries:*  
Tel: 416.867.9646  
Fax: 416.867.9990  
Email: [ocfp@cfpc.ca](mailto:ocfp@cfpc.ca)

## Health & Safety Associations

The Ontario health and safety associations, funded by the WSIB, provide training programs, products and services to the province's employers and workers. These partners include 12 industry-based Safe Workplace Associations (SWA).

### CONSTRUCTION SAFETY ASSOCIATION OF ONTARIO (CONSTRUCTION SECTOR)

Aims to prevent occupational injury, illness, and death in Ontario construction. Provides training, consultation, information, problem solving, Research & print, video, and digital products and services. Website: [www.csao.org](http://www.csao.org).

✚ 21 Voyager Court South  
Etobicoke, Ontario  
M9W 5M7

*For General Inquiries:*  
Tel: 416.674.2726  
Toll Free: 1.800.781.2726  
Fax: 416.674.8866  
Email: [info@csao.org](mailto:info@csao.org)

### EDUCATION SAFETY ASSOCIATION OF ONTARIO (EDUCATION SECTOR)

A not-for-profit organization that provides innovative and effective programs and services to workers in the education sector. Aims to prevent workplace injury and illness, and to promote healthy lifestyles and working safely. Website: [www.esao.on.ca](http://www.esao.on.ca).

✚ 4950 Yonge Street, Suite 1505  
North York, Ontario  
M2N 6K1

*For General Inquiries:*  
Tel: 416.250.8005  
Toll Free: 1.877.732.3726  
Fax: 416.250.9190  
Email: [tbyng@esao.on.ca](mailto:tbyng@esao.on.ca)

### ELECTRICAL & UTILITIES SAFETY ASSOCIATION (ELECTRICAL SECTOR)

A health and safety authority in the electrical and utilities sectors. Develops and delivers performance-based injury prevention solutions via prevention training and consultation. Website: [www.eusa.on.ca](http://www.eusa.on.ca).

✚ 115 Torbarrie Road, Suite 1  
Toronto, Ontario  
M3L 1G8

*For General Inquiries:*  
Tel: 416.640.0100  
Toll Free: 1.800.263.5024  
Fax: 416.640.0117  
Email: [info@eusa.on.ca](mailto:info@eusa.on.ca)



## Health & Safety Associations (continued)

### FARM SAFETY ASSOCIATION INCORPORATED (AGRICULTURE SECTOR)

A not-for-profit SWA that promotes safety and provides safety education to farm employers. Website: [www.fsai.on.ca](http://www.fsai.on.ca).

75 Farquhar Street, Suite 101  
Guelph, Ontario  
N1H 3N4

*For General Inquiries:*  
Tel: 519.823.5600  
Toll Free: 1.800.361.8855  
Fax: 519.823.8880  
Email: [info@farmsafety.ca](mailto:info@farmsafety.ca)

### HEALTH CARE HEALTH AND SAFETY ASSOCIATION (HEALTH CARE SECTOR)

A not-for-profit corporation that works to prevent or reduce injuries and illnesses in health and community care by providing programs, products and services that support the internal responsibility system and self-reliance in the workplace.

Website: [www.hchsa.on.ca](http://www.hchsa.on.ca).

4950 Yonge Street, Suite 1505  
Toronto, Ontario  
M2N 6K1

*For General Inquiries:*  
Tel: 416.250.7444  
Toll Free: 1.877.250.7444  
Fax: 416.250.9190  
Email: [webmaster@hchsa.on.ca](mailto:webmaster@hchsa.on.ca)

### INDUSTRIAL ACCIDENT PREVENTION ASSOCIATION (AUTOMOTIVE, CHEMICAL, FOOD & BEVERAGES, MANUFACTURING, AND STEEL SECTOR)

A not-for-profit member-driven organization representing firms that provides effective programs, products and services for the prevention of injury and illness. Website: [www.iapa.on.ca](http://www.iapa.on.ca).

207 Queens Quay West  
Suite 550  
Toronto Ontario  
M5J 2Y3

*For General Inquiries:*  
Tel: 416.506.8888  
Toll Free: 1.800.406.4272  
Fax: 416.506-8880  
Email: [feedback@iapa.on.ca](mailto:feedback@iapa.on.ca)

### MINES AND AGGREGATES SAFETY AND HEALTH ASSOCIATION (MINING SECTOR)

Works toward the elimination of all workplace fatalities and serious injuries in the mining sector. Also acts as an information hub for members to share and access information and knowledge to control hazards and improve safety performance. Our members include all Ontario's underground and surface mines; gravel and sand pits and quarries; diamond drilling, exploration and mine contracting companies; oil and gas exploration, development and production firms. Serve our members through consulting, training, research initiatives and information regarding industry best health and safety practices. Website: [www.masha.on.ca](http://www.masha.on.ca).

690 McKeown Avenue  
North Bay, Ontario  
P1B 9P1

*For General Inquiries:*  
Tel: 705.474.7233  
Fax: 705.472.5800  
Email: [info@masha.on.ca](mailto:info@masha.on.ca)

### MUNICIPAL HEALTH AND SAFETY ASSOCIATION (MUNICIPAL SECTOR)

Provides services and programs which promote wellness and prevent injuries and illness in the workplace through consulting services, health and safety training and publications. Website: [www.mhsao.com](http://www.mhsao.com).

450A Britannia Road East  
Mississauga, Ontario L4Z 1X9  
Call to contact the Area Manager for your specific location.

*For General Inquiries:*  
Tel: 905.890.2040  
Fax: 905.890.8010  
Email: [info@mhsao.com](mailto:info@mhsao.com)



## Health & Safety Associations (continued)

### ONTARIO FORESTRY SAFE WORKPLACE ASSOCIATION (FORESTRY SECTOR)

Organized to provide the highest quality of training, consultation and related services to forestry member firms while focusing on the elimination of workplace illness and injury. Website: [www.ofswa.on.ca](http://www.ofswa.on.ca).

✚ 690 McKeown Avenue  
P.O. Box 2050  
North Bay, Ontario  
P1B 9P1

*For General Inquiries:*  
Tel: 705.474.7233  
Fax: 705.472.0207  
Email: [info@ofswa.on.ca](mailto:info@ofswa.on.ca)

### ONTARIO SERVICE SAFETY ALLIANCE (SERVICES SECTOR)

A not-for-profit health and safety consulting company that works to prevent workplace injuries and illness via health and safety products and services for Ontario's service sector. Works to integrate health and safety into normal business practices. Website: [www.ossa.com](http://www.ossa.com).

✚ 4950 Yonge Street, Suite 1500  
The Madison Centre  
Toronto, Ontario  
M2N 6K1

*For General Inquiries:*  
Tel: 416.250.9111  
Toll Free: 1.888.478.6772  
Fax: 416.250.9500  
Email: [info@ossa.com](mailto:info@ossa.com)

### PULP & PAPER HEALTH AND SAFETY ASSOCIATION (PULP & PAPER SECTOR)

Committed to the elimination of work-related illnesses and injuries by promoting health and safety awareness in the pulp, paper and related industries through the development and delivery of programs, products and services. Website: [www.pphsa.on.ca](http://www.pphsa.on.ca).

✚ P.O. Box 2050 Station Main  
690 McKeown Avenue  
North Bay, Ontario  
P1B 9P1

*For General Inquiries:*  
Tel: 705.474.7233  
Fax: 705.472.5800  
Email: [info@pphsa.on.ca](mailto:info@pphsa.on.ca)

### TRANSPORTATION HEALTH & SAFETY ASSOCIATION OF ONTARIO (TRANSPORTATION)

Dedicated primarily to working with companies and personnel in the transportation industry for the advancement and promotion of safe workplace practices via education and training, consulting and safety assessments in those workplaces. Website: [www.thsao.on.ca](http://www.thsao.on.ca).

✚ 555 Dixon Road, Suite 101  
Etobicoke, Ontario  
M9W 1H8

*For General Inquiries:*  
Tel: 416.242.4771  
Toll Free: 1.800.263.5016  
Fax: 416.242.4714  
Email: [info@thsao.mail.net](mailto:info@thsao.mail.net)

## Legal Services

### LEGAL AID ONTARIO

Administers the province's legal aid program for low-income individuals by means of providing consistently high quality legal aid services such as poverty law services, a certificate program and duty counsel services.

Website: [www.legalaid.on.ca](http://www.legalaid.on.ca)

✚ 375 University Avenue  
Suite 404  
Toronto Ontario  
M5G 2G1

*For General Inquiries:*

Tel: 416.979.1446  
Fax: 416.979.8669  
Toll Free: 1.800.668.8258  
Email: [info@lao.on.ca](mailto:info@lao.on.ca)

## Research & Information

### CANADIAN CENTRE FOR OCCUPATIONAL HEALTH AND SAFETY (CCOHS)

Serves as a national centre for information relating to occupational health and safety. Makes a vast scope of occupational health and safety information readily available, in clear language that is appropriate for all users, from the general public to the health and safety professional. Website: [www.ccohs.ca](http://www.ccohs.ca)

✚ 135 Hunter Street East  
Hamilton, Ontario  
L8N 1M5

*For General Inquiries:*

Tel: 905.572.2981 or 905.572.4400  
Toll Free: 1.800.263.8466  
Fax: 905.572.4500

### INSTITUTE FOR WORK & HEALTH

An independent, not-for-profit research organization who conducts and shares research with workers, labour, employers, clinicians and policy-makers to promote, protect and improve the health of working people. Website: [www.iwh.on.ca](http://www.iwh.on.ca)

✚ 481 University Avenue  
Suite 800  
Toronto, Ontario  
M5G 2E9

*For more information contact:*

Tel: 416.927.2027, ext. 2131  
Fax: 416.927.4167  
Email: [info@iwh.on.ca](mailto:info@iwh.on.ca)

### RYERSON INTERNATIONAL LABOUR, OCCUPATIONAL SAFETY AND HEALTH INDEX (RILOSH)

RILOSH is a database that contains references to articles, reports, conference proceedings and some book chapters in the subject areas of labour relations and occupational health and safety. Website: [www.library.ryerson.ca](http://www.library.ryerson.ca)

✚ Ryerson University  
350 Victoria Street  
Toronto, Ontario  
M5B 2K3

*For more information contact:*

Tel: 416.979.5055  
Fax: 416.979.5215

### UNIVERSITY OF TORONTO, CENTRE FOR RESEARCH EXPERTISE IN OCCUPATIONAL DISEASE

This newly established Centre of Expertise funded by the WSIB will focus its research on occupational diseases, including respiratory ailments, work-related contact dermatitis, hand-arm vibration syndrome as well as work-related cancers. The purpose of the research is to provide a scientific basis for policy development, prevention, diagnosis, treatment, rehabilitation and compensation practices that are fair to all stakeholders: [www.utoronto.ca](http://www.utoronto.ca)

✚ Dr. Linn Holness  
Physician/Chief, Occupational Health Clinic  
St. Michael's Hospital  
30 Bond Street  
Toronto, ON M5B 1W8

*For General Inquiries:*

Tel: 416.864.5074, ext. 3220  
Fax: 416.304.1902  
Email: [holnessl@smh.toronto.on.ca](mailto:holnessl@smh.toronto.on.ca)



# OCCUPATIONAL HEALTH COMMUNITY RESOURCES

## Research & Information (continued)

### UNIVERSITY OF WATERLOO, CENTRE OF RESEARCH EXPERTISE FOR THE PREVENTION OF WORK-RELATED MUSCULOSKELETAL DISORDERS AND DISABILITY

This newly established Centre of Expertise funded by the WSIB will focus its research on musculoskeletal injuries including everything from acute back injuries to slow onset back and upper limb disorders, often called repetitive strain injuries. The purpose of the research is to provide a scientific basis for policy development, prevention, diagnosis, treatment, rehabilitation and compensation practices that are fair to all stakeholders. Website: [www.cre-premus.uwaterloo.ca](http://www.cre-premus.uwaterloo.ca).

✚ Dr. Richard Wells, Director  
University of Waterloo  
Centre for Research Expertise for the  
Prevention of Work Related  
Musculoskeletal Disorders and Disability  
(CRE-PREMUS)  
Faculty of Applied Health Sciences  
200 University Avenue West  
Waterloo, ON Canada N2L 3G1

*For General Inquiries:*  
Tel: 519.888.4567, ext. 3069  
Fax: 519.888.5488  
Email: [wells@healthy.uwaterloo.ca](mailto:wells@healthy.uwaterloo.ca)

## Social Support & Advocacy

### CULTURELINK

CultureLink is a not-for-profit community-based organization, which supports the settlement and integration of newcomers to the Toronto area. Website: [www.culturelink.net](http://www.culturelink.net).

✚ 160 Springhurst Ave.  
Suite 300  
Toronto, Ontario  
M6K 1C2

*For General Inquiries:*  
Tel: 416.588.6288  
Fax: 416.588.2435  
Email: Safia Shire, Program Manager  
at: [sshire@culturelink.net](mailto:sshire@culturelink.net)

### OFFICE OF THE WORKER ADVISOR (OWA)

Provides free services to non-unionized injured/ill workers and survivors of injured/ill workers in workers' compensation matters. Call to contact OWA office closest to you. Website: [www.gov.on.ca/LAB/owa/home.htm](http://www.gov.on.ca/LAB/owa/home.htm).

✚ Head Office  
123 Edward St., Suite 1300  
Toronto, Ontario  
M5G 1E2

*For General Inquiries:*  
Tel: 416.325.8570  
Toll Free: 1.800.435.8980  
Fax: 416.325.4830  
Email: [webowa@mol.gov.on.ca](mailto:webowa@mol.gov.on.ca)

### TORONTO WORKERS' HEALTH AND SAFETY LEGAL CLINIC

Provides free legal and technical advice and representation to non-unionized workers who face health and safety problems at work. The clinic also conducts community education and outreach. Website: [www.worksafety.ca](http://www.worksafety.ca).

✚ 180 Dundas Street West  
Suite 301  
Toronto, Ontario  
M5G 1Z8

*For General Inquiries:*  
Tel: 416.971.8832  
Fax: 416.971.8834  
Email: [kaufmanc@olap.org](mailto:kaufmanc@olap.org)

