

# HISTORIC PERSPECTIVE ON OCCUPATIONAL DISEASE

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#### **Outline**

- ► Review history of occupational disease over time
  - Prevention
  - Diagnosis and management
  - Compensation
- **▶** Reflection



#### **Definitions – ILO 1993**

#### ▶ Occupational diseases

 Having a specific or a strong relation to occupation generally with only one causal agent and recognized as such

#### ▶ Work-related diseases

 With multiple causal agents, where factors in the work environment may play a role, together with other risk factors, in the development of such diseases, which have a complex etiology

#### ▶ Diseases affecting working populations

 Without causal relationship with work but which may be aggravated by occupational hazards to health



## **ILO List of Occupational Diseases**

- **▶** Diseases caused by agents
  - Chemical, physical, biological
    - ► e.g. Beryllium
- Diseases by target organ system
  - Respiratory, skin, musculoskeletal
    - ► e.g. Pneumoconioses
- Occupational cancer
  - Cancer caused by the following agents
    - ▶ e.g. Asbestos



#### **Ancient times**

#### **▶** Egypt, Greece and Rome

- Mining one of the oldest industries
- miners slaves, criminals
- work = punishment
- manual trades inferior
- miners used bags, sacks, animal bladders as masks to decrease dust exposure



## Middle Ages

- ► Central Europe mining a feudal enterprise
  - Serf labour unskilled
- ▶ Growth of trade increased need for money and capital – mines of Central Europe
  - Need for skilled labour
  - Mines deeper, conditions worsened



#### 16th & 17th centuries

- Mining, metal work and other trades flourished
- **▶** Some improvement in ventilation
- ► Shift from feudalism to capitalism
- ► Guilds artisans sickness benefits, funeral benefits



#### 16th & 17th centuries

#### Awareness of health hazards

- Agricola
  - ► Town physician in Bohemia
  - ▶ 1556 De Re Metallica hazards of metal mining
- Paracelsus
  - ► Town physician in Austria
  - ► 1567 occ diseases of mine & smelter workers
- 1572 lead
- 1575 carbon monoxide
- 1630 arsenic



## 18<sup>th</sup> century

#### Bernardino Ramazzini

- Physician, professor of medicine in Modena and Padua
- "Diseases of Workers" 1700
  - ► Systematic study of trade diseases
- Father of Occupational Medicine
- "what is you occupation?"



## 18<sup>th</sup> century

- ► Hale 1743
  - Importance of ventilation
- ► Von Humboldt 1790's
  - Gas mask, safety lamps for miners



#### Industrial revolution

- ► Traditionally India home of cotton industry
- ► 10<sup>th</sup> century cotton introduced into Spain
- ▶ Production spread throughout Europe
- ► Arrival of religious refugees from Antwerp brought cotton production to England
- Initially spinning & weaving cottage industry
- ► Late 18<sup>th</sup> century mechanization factory
- ➤ Spread to other industries and through Europe, North America



#### Industrial revolution

- ► Shifts of population from rural to urban
- **▶** Living conditions
  - Dirt, fuel, crowding, pests, sanitation
  - Epidemics typhus, scarlet fever, smallpox
- **▶** Mechanization
  - Safety issues
- Science of epidemiology developed



#### Industrial revolution

#### ▶ Concept of insurance began to develop

- Payments of medical care, replacement of income lost as result of disability
- 1750's UK Friendly Societies
- Similar organizations sponsored by workers, employers, townspeople, religious groups, physicians - Scandinavia, Low Countries, Germany



## Late 18th century, early 19th century

- **▶** Liberalism, humanism
- ► Public concern influenced government
- **▶** Employers
  - Robert Peel, Robert Owen, Michael Sadler
- **►** Trade unions
  - Act making trade unions illegal repealed in UK 1824
  - Organized labour working conditions hours of work



## Late 18th century, early 19th century

#### **►** Medical Influence

- Percival Potts 1775 scrotal cancer and chimney sweeps
- Thomas Percival mills
- Charles Thackrah occ and disease
- Greenhow dusts and fumes and resp disease
- Arlidge potters' diseases



## 19<sup>th</sup> century

#### **►** Europe

- continual series of legislation related to working conditions
- UK Factory Acts
  - ► hours of work, age of work, education for children, physician exams, inspectors, safety
- ? impact but established principle of government intervention



## 19th century

- Statutory medical service for factory workers
  - ► Factory Inspectors
  - ► Medical certification for children
  - ► Certifying Surgeons
  - ► Workers with exposure to lead, white phosphorus, explosives, rubber periodic exams
  - ► Notification of industrial disease lead, phosphorus, arsenic, anthrax
  - ► 1898 Thomas Legge Medical Inspector of Factories



## 19th century

- ► Common law employer liable if negligent
- ▶ 3 common defenses "Unholy Trinity"
  - Assumption of risk
  - Fellow servant rule
  - Contributory negligence
- ▶ Workers rarely successful
- ► Late 19<sup>th</sup> century WC legislation in Europe 1883 Germany - Bismarck



## Early 20<sup>th</sup> century

- ▶ WC legislation in North America
- ▶ Ontario 1913 Royal Commission Meredith
  - Historic compromise
    - ► Give up right to sue
    - ► No fault insurance system financed by employers
  - Elements from UK, Germany, US



## 20th century

#### **▶** Workers' compensation

- Quickly moved from wage loss to clinical ratings, "meat chart"
- Many enquiries
- Continual modifications, additional benefits & coverage
- Occupational disease
  - ▶ 1913 industrial disease 6 listed in Schedule 3
  - ► 1926 silicosis, pneumoconiosis
  - ► 1932 cancer
  - ► 1944 exposure length removed
  - ▶ WCB could add to Schedule 3
  - ► 1947 generic definition of industrial disease



## Late 19<sup>th</sup>, early 20<sup>th</sup> century

- ▶ Development of government agencies and professional associations
- **► ILO** 
  - created 1919 declared anthrax occupational disease
  - 1925 1<sup>st</sup> list of Occupational Diseases
- ► International Congress on workers' diseases in Milan
  - 1906 ICOH



## Late 19th, early 20th century

#### **▶** US government agencies

- 1884 Bureau of Labor
- 1910 Bureau of Mines
- 1914 Office of Industrial Hygiene as part of the US Public Health Service



## Late 19th, early 20th century

#### Professional associations

- Am Assoc Railway Surgeons 1888
- Am Society of Heating & Ventilating Engineers 1894
- American Public Health Assoc
  - ► 1909 section on preventive medicine, industrial hygiene, public health
- American Medical Assoc
  - ► 1915 symposium on industrial hygiene
  - ▶ 1937 Council on Industrial Health



## Late 19<sup>th</sup>, early 20<sup>th</sup> century

#### Professional associations

- National Safety Council 1915
- Industrial Medical Association of Preventive Medicine –
   1916
- American Standards Assoc 1918
- Journal of Industrial Hygiene 1919
- American Conference of Govt'l Industrial Hygienists 1938



## 20th century

#### **▶** Academic programs

- 1905 MIT industrial hygiene
- 1906 University of Pennsylvania Medical School more complete instruction in industrial hygiene
- 1916 Johns Hopkins
- 1918 Harvard

#### ► Clinics

- 1902 Italy Clinica del Lavoro
- 1910 Cornell NY, first occ disease clinic



## Late 19th, early 20th century

#### **▶** Employers

- Health services, hospitals for employees
- Industrial nurses, visiting nurses
- Employers groups safety codes

#### ▶ Labour

- Bargaining for:
  - ► Improved working conditions accidents, diseases
  - ► Inspections
  - ► Workers' compensation



#### World War I

- ► Increased industry
- ► Increased use of dangerous material
- ► Increased emphasis of safety, medical services, first aid



## **Depression**

- **▶** Decreased interest in health and safety problems
- ► Labour concentrated on monetary issues and unionization
- ► Management concentrating on monetary issues



#### World War II

- **▶** Increased productivity
- Decreased number of workers
- ► Assess worker's ability to carry out certain jobs
- ► Rehabilitation



## 20<sup>th</sup> century

#### **▶** Physicians

- Alice Hamilton occ diseases
- Hariett Hardy Beryllium
- Irving Selikoff Asbestos



#### **▶** Renewed interest

- 1960's industrial accident rate increased by 30%, coal mining disaster – W Virginia – 78 miners killed
- Increased recognition of occupational disease
- Increased public consciousness of environmental and health concerns
- Increased wages rethinking of worker goals
- Benefit levels for compensation had not kept pace, % of labour force not covered, increased cost
- Problems with government agencies ability to deliver their programs



- ► Crisis in the Workplace N Ashford 1976
  - Increased injury rates
  - Technological change
  - Rise of environmental movement
  - Changing character of the workforce
  - Conflicts
    - ► Labour management
    - ► Insufficient database regarding nature and severity of health hazards
    - ► What is just and fair in public policy and appropriate limits to public policy
    - ► Various institutions, forces, mechanisms are not connected very well



- Crisis in the Workplace N Ashford
  - Potentially more important occ disease
    - ► Subject hotly debated by management, labour, governments
    - ► Most part not reflected in injury stats
    - ▶ Last decade new and newly acknowledged occ disease CWP, Asb-cancer, Be, VC



- ► Renewed interest resulted in commissions, reviews in many countries
  - Robens UK
- **▶** Principles
  - Self regulation
  - Persuasion over sanctions
  - Worker rights



#### **▶** Ham Royal Commission

- Concerns
  - ► Health and safety of miners
  - ► Effectiveness of safety programs
- Purposes
  - ► Investigate all matters related to health & safety involved in the working conditions & working environment in mines in Ontario
  - ► Identify relevant data related to silicosis & other occupational hazards of miners in Ontario
  - ▶ Review present basis for workers' compensation board awards as they relate to environmental health matters affecting miners
  - ▶ Make recommendations in relation to above



#### ▶ Ham Royal Commission cont'd

- Conclusions
  - ► Major problem policy and performance of responsibility system
  - ► Lack of information workers & public
  - ► Confrontational character labour vs mgt
  - ► Split jurisdictions
    - Federal provincial
    - Provincial Ministry to Ministry + lack of clearly defined roles
  - ► Crisis management



- ► Occupational Health and Safety legislation
- **►** EU directive
  - General duty
  - Evaluation of risk
  - Program of prevention
  - Establishment of preventive services
  - Worker rights
    - ► Knowledge
    - ▶ Participation
    - ► Refuse unsafe work and freedom from reprisals



#### 1970's - WC

- ► Era of increased discontent
- **▶** Ham Commission
- ► Effective lobbying unions, IW, Ombudsman
- **▶** Employers increasing costs
- ► Increasing unfunded liability



#### 1970's - WC

#### ▶ Weiler - occupational disease

- Until 1970's generally not high recognition of multicausal long latency diseases
- Inherently difficult to tell whether a cancer caused by toxic agent at work or in general environment of personal risk factors
- WC need a yes or no but medical science is not exact
- Number of occ disease claims increasing but regularly encountered medical and legal hurdles
- "Age of innocence was over"



## Late 20th Century

- ► WHO 1985 Identification and control of workrelated diseases
  - Musculoskeletal, chronic non specific respiratory, behavioural
  - Adverse psychological factors at work, ergonomics, other environmental hazards



## Late 20th Century

- ► National OHS organizations developing research agenda
- **▶** US, UK, Italy, EU, Japan
- **► NIOSH** 
  - 10 leading occupational diseases
  - Prevention strategies
  - NORA



#### 2000's

- ► ILO Recording & notification of occupational accidents and diseases and ILO list of occupational diseases
- ► ILO Global Strategy on Occupational Health & Safety 2003



#### **RSF Schilling**

▶ "Both ancient and modern societies have been slow to recognize and control the health hazards associated with work. Sigerist (1943), the medical historian, tells us that a history of developments in occupational health will help to reveal the factors involved – those that retard and those that accelerate developments, and so enable a modern society to act more intelligently and pave the way to the future"



#### **RSF Schilling**

## Wide variation in occupational health standards & practice

- Humanity of a society
- Wealth of society
- Social status of worker
- Political organization of workers and their representation in government
- Pioneers advocating improvements by revealing facts about loss of life and sickness caused by workplace
- Improvements in the future will depend on medical and technological skills being generally available rather than on the expertise of the few



### Reflection

#### Recognition of occupational disease

- Lack of occupational health knowledge & skills in health care providers
- Pioneers improvements in the future will depend on medical and technological skills being generally available rather than on the expertise of the few
- Divided jurisdictions gov't depts of labour and health



#### **Mark Twain**

"It's been discussed a great deal but in most instances little or nothing is done about it"



## 21st century

- ▶ Burden of occupational disease ILO/WHO
  - Worldwide
    - ► 1.9-2.3 million deaths attributed to occupation
    - ▶ 1.6 million deaths attributed to work-related diseases
    - ► 217 million cases of occupational disease

